

# Level 2 Certificate in Understanding Children and Young People's Mental Health

**Dates:** 01/08/2025

**Locations:** Online

Please note: this course is not available to learners in many areas of England with devolved adult skills funding, like Greater London. Please view the Level 2 Distance Learning page for details on eligibility

The course has a duration of 12 weeks and the purpose of this qualification is to develop knowledge of: children and young people's mental health in context; mental health problems commonly associated with children and young people; the impact of mental ill-health on children and young people; support available to maintain mental wellbeing in children and young people.

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## Entry Requirements

In order to undertake this course, you must have English at Level 1. You will need to know how to use an electrical device such as; a computer, laptop or tablet due to the delivery of the course being all online.

## What topics does the course cover?

This qualification is made up of 5 mandatory units -

- Understand children and young people's mental health in context
- Understand factors which may affect children and young people's mental health
- Understand children and young people's mental health concerns
- Understand the impact of children and young people's mental health concerns

- Understand how to support children and young people with mental health

## **How will I be taught and assessed?**

You will be provided with online learning materials which covers all aspects of your course. You will be required to complete assessments for each of the units within the course and submit these by the deadline dates provided at induction. You will be allocated an assessor at the start of your course and they will support you to ensure you have a successful outcome. IT skills will be developed throughout your course and basic English skills will be assessed and discussed on an ongoing basis.

## **Are there any other costs or equipment I need to get?**

The course is free if you meet the eligibility criteria. You must be a UK resident or have lived in the UK for 3 years or more and be aged 19 or older on 31 August 2025. You will need internet access so that you can respond to email and a digital device that will enable you to type your answers into a web-based platform.

## **By the end of the course what should I be able to do?**

On successful completion of this course, you will have developed knowledge of mental health in children and young people which would support progression onto further qualifications and into relevant employment in the health and social care or education sectors.

## **What are the progression opportunities following this course?**

If you are interested in progressing to further study at the next level of vocational learning, the following qualifications are available:

Level 3 Certificate in Understanding Mental Health

Level 3 Award in the Awareness of the Mental Capacity Act 2005

Level 3 Diploma for the Children and Young People's Workforce (England)

Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning