



# Level 2 Certificate in Understanding Mental Health in the Early Years

**Dates:** 01/08/2024

**Locations:** Online

Please note: this course is only available to learners in England outside Greater London and outside the combined authorities of: Cambridgeshire and Peterborough, Greater Manchester, Liverpool City Region, Tees Valley, West of England, West Midlands, North East, Sheffield City Region, and West Yorkshire.

This qualification is designed for learners who wish to understand mental health in young children in the early years (from birth to 5 years old) and the role of the Early Years Practitioner to support children's mental health and wellbeing. By completing the qualification, learners will develop knowledge which would support progression to further qualifications and into relevant employment in the health and social care or education sectors.

## Entry Requirements

In order to undertake this course, you must have English at Level 1. You will need to know how to use an electrical device such as; a computer, laptop or tablet due to the delivery of the course being all online.

## What topics does the course cover?

This qualification contains 3 mandatory units:

- Understand mental health for young children in the early years
- Understand the significance of attachment and adverse childhood experiences for young children in the early years
- Understand the role of the Early Years Practitioner supporting mental health and wellbeing for young children in the early years

## How will I be taught and assessed?

You will be provided with online learning materials which covers all aspects of your course. You will be required to complete assessments for each of the units within the course and submit these by the deadline dates provided at induction. You will be allocated an assessor at the start of your course and they will support you to ensure you have a successful outcome. IT skills will be developed throughout your course and basic English skills will be assessed and discussed on an ongoing basis.

## Are there any other costs or equipment I need to get?

The course is free if you meet the eligibility criteria. You must be a UK resident or have lived in the UK for 3 years or more and be aged 19 or older on 31 August 2024. You will need internet access so that you can respond to email and a digital device that will enable you to type your answers into a web-based platform.

## By the end of the course what should I be able to do?

On successful completion of this course, you will gain a Level 2 Certificate in

## What are the progression opportunities following this course?

If you are interested in progressing to further study at the next level of vocational learning, the following qualifications are available:

Learners who achieve this qualification could progress to:

- Level 2 Certificate in Understanding Working in the Health Sector
- Level 3 Certificate in Understanding Mental Health
- Level 3 Certificate in Working in the Health Sector
- Level 3 Diploma for the Early Years Workforce (Early Years Educator)
- Technical Level 3 Diploma in Early Years Education and Care (Early Years Educator)