



**WESTMINSTER  
ADULT  
EDUCATION  
SERVICE**

# Gain Confidence in Maths

**Dates:** 01/08/2025

**Locations:** Various

Gain Confidence in Maths is a friendly community course designed for adults who want to improve their everyday numeracy skills. Whether you have always found maths difficult or simply want to refresh what you already know, this course helps you build confidence step by step. By strengthening your foundation in maths, you will develop the skills needed to manage real-life situations—from budgeting and understanding bills to comparing prices, planning journeys, or making informed decisions for work or home. Lessons are practical, supportive and easy to follow, using interactive activities, group discussions and real-world examples to make maths feel relevant and achievable. You will have plenty of chances to practise, ask questions, and apply what you learn in a safe and encouraging environment. Join our community of learners and discover how great it feels to improve your maths skills. Sign up today and start your journey toward greater confidence.

## Entry Requirements

This is a beginner Maths course. You do not need any previous qualifications or maths experience. Our courses are open to all adults, and you will be assessed at your interview so we can place you in the level that suits your current skills and learning needs.

## What topics does the course cover?

The course focuses on practical maths used in everyday life, such as understanding numbers, basic calculations, money skills, measures, time and simple problem solving.

## How will I be taught and assessed?

You will learn in person with an experienced tutor in a welcoming and supportive classroom setting. Classes take place in convenient community locations such as your local library, a neighbourhood community centre, or a nearby WAES centre, making it easy to learn close to home. There is no formal exam attached to this course. Instead, your progress will be supported through group activities, practical exercises and informal checks so you can build confidence at your own pace.

## Are there any other costs or equipment I need to get?

This is a free community learning course. No additional costs or equipment are required.

## **By the end of the course what should I be able to do?**

By the end of the course, you will be able to understand and solve basic to intermediate maths problems and use your maths skills confidently in everyday situations such as budgeting, shopping and making informed decisions. You will develop the ability to choose and apply different Maths strategies to tackle a range of practical problems. Most importantly, you will feel more confident using numbers at home, at work and in your community.

## **What are the progression opportunities following this course?**

After completing this course, you may choose to progress to another community skills course such as ESOL, Digital Skills or Green Skills. You can also register for a Maths qualification course if you would like to continue developing your skills and work toward a recognised certificate.