

Art for Wellbeing

Dates: 21/09/2026, 22/09/2026, 23/09/2026, 11/01/2027, 19/01/2027, 20/01/2027, 12/04/2027, 21/04/2027, 27/04/2027

Locations: Grand Junction, Charing Cross Library, Lilestone Street Community Hub

Get creative, be inspired on this ten week art course using a mixture of different textile and craft materials you will create a unique piece of textile art for your home.

Entry Requirements

Entry Level

What topics does the course cover?

You will learn a range of skills, from basic sewing, needle craft, painting and drawing.

How will I be taught and assessed?

Classroom based learning. Continual support and guidance will be provided throughout the session.

Are there any other costs or equipment I need to get?

No cost

By the end of the course what should I be able to do?

Your teacher will advise you on the best next course for you

What are the progression opportunities following this course?

If you have enjoyed this course then you will enjoy the other variety of courses that are on offer at the WAES website.