



**WESTMINSTER
ADULT
EDUCATION
SERVICE**

Communication Skills: The Art of Listening and the Power of Storytelling

Dates: 17/11/2026

Locations: Lisson Grove Centre

Great communication begins with deep understanding and ends with lasting connection. While hearing happens automatically, active listening is an intentional skill that builds trust, sharper questioning, and meaningful rapport. Paired with the craft of storytelling, this practical course shows you how to draw upon personal experience to shape compelling, relatable narratives that capture attention, build empathy, and inspire conversation in everyday life and the workplace.

Entry Requirements

Minimum English level Entry 3 / Level 1 (E3/L1). Open to all learners looking to enhance their interpersonal connection and conversational depth.

What topics does the course cover?

You will explore practical techniques to listen with intent, decode conversational cues, and ask insightful, purposeful questions. The sessions guide you through simple narrative frameworks to identify and structure stories drawn from your own experiences. You will practise using vocal tone, imagery, and emotional resonance to share ideas persuasively, connect meaningfully with others, and foster genuine two-way dialogue.

How will I be taught and assessed?

Taught through engaging, tutor-guided classroom sessions featuring reflective listening exercises, interactive storytelling circles, paired discussions, and constructive group feedback in a welcoming setting.

Are there any other costs or equipment I need to get?

The full course fee is £40 for all regardless of status.

By the end of the course what should I be able to do?

You will develop the ability to listen attentively and ask questions that deepen understanding, alongside practical confidence in structuring and delivering personal stories that engage, influence, and connect with diverse audiences.

What are the progression opportunities following this course?

Learners can advance to Communication Skills: Confident Presenting, Communication Skills: Cross-Cultural Conversation, or broader community and workplace pathways at WAES.