



Level 1 UAL Diploma in Art and Design (Fashion)

Dates: 14/09/2026

Locations: Lisson Grove Centre

This UAL accredited course is designed to introduce you to the creative and practical skills required to study at a higher level in fashion design with the intent to work in the fashion design or related industries.

On this year long course, you will gain key knowledge, skills and understanding of the fashion design process so you can create your first designed garments. These be showcased in the end of year fashion show.

Entry Requirements

This course is for beginners who are interested in the creative process of fashion design and wish to learn creative and practical skills to enable you to progress to higher level study with the intent to work in the fashion design or related industries.

- A minimum level of Level 1 in English is required for this course.
- You will also need to have basic computer skills as there are regular digital assignments.

What topics does the course cover?

You will gain an introduction to fashion design, pattern construction and garment realisation. You will also learn skills in general art and design communication processes.

In terms 1 and 2 the tutor will guide you through class exercises and projects under these headings:

- Introduction to materials, processes and technical skills in fashion design
- Introduction to contextual research in fashion design
- Introduction to communication skills in fashion design
- Solving 2D creative problems
- Solving 3D creative problems
- Solving time-based creative problems

You will then develop and produce a personal fashion project.

How will I be taught and assessed?

This course will run for one day per week making it ideal for anyone with existing work or family commitments. During the course you will develop and produce your portfolio which will include several finished designed pieces which will be showcased at the end of year fashion show.

You will be taught by a fashion specialist, with technician support and supervision. As the course progresses, and your creative awareness and skills increase, you will be able to work in a self-directed and independent way on your final major project, the outcome of which will be displayed at the end of the year fashion show.

You will be expected to produce digital portfolios of work for assessment and upload these online. Formal assessment will take place at stages throughout the course, and you will receive verbal and written feedback.

Are there any other costs or equipment I need to get?

We will provide you with one sketchbook and full use of all the equipment. You will be required to provide your own fabric and pattern paper for your experimentation activities and final garments. For your self-directed study a basic sewing kit is required e.g. fabric scissors, pencils, masking tape, sewing threads, needles, unpick, paper, pattern-cutting paper, tape measure (this list is not exhaustive). Your own basic art and drawing materials would also be useful to have.

Other costs include an investment in your time to complete self-directed study outside of the tutor led activities, around 4-6 hours per week.

By the end of the course what should I be able to do?

By the end of the Level 1 you will have gained a thorough introduction into fashion creative practices and will have established systematic recording techniques, which will help with future development. You will be able to work independently with confidence.

What are the progression opportunities following this course?

You will have the knowledge and skills to progress to Level 2 UAL Diploma in Fashion Design, to broaden your skills.