



Level 2 Certificate in Counselling Skills with Level 1 Award in Mentoring

Dates: 02/11/2026

Locations: Amberley Road Centre

The Level 2 Certificate in Counselling Skills qualification aims to introduce learners to the use of counselling skills in everyday life and work and some of the approaches that underpin the use of these skills. This qualification gives learners the opportunity to investigate the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately. This qualification does not qualify learners to practise as a counsellor. In addition you will also complete the Level 1 Award in mentoring qualification. This qualification is designed to allow learners to understand the role of a mentor and be aware of the skills needed to become an effective mentor.

Entry Requirements

This is a mix of a Level 1 and Level 2 course. You will not need any prior qualifications or experience in Counselling or mentoring, however you will need to have achieved or working towards English Level 1 or equivalent. Additionally, you should have good digital IT skills.

What topics does the course cover?

In the Counselling course you will need to complete the four mandatory units: Using counselling skills, Introduction to counselling skills, Diversity and ethics in the use of counselling skills, Counselling skills and personal development. For the Level 1 Award in mentoring qualification you will complete the following units: Role of a mentor, Preparing for the role of a mentor, Demonstrating mentoring skills. Whilst completing both qualifications, learners may develop the knowledge, understanding and essential skills employers look for in employees. These range from familiar 'key skills' such as teamworking, independent learning and problem solving, to more tricky-to-measure skills such as:

- an appreciation for appropriate behaviour and dress
- appropriate interpersonal skills
- communicating with professional colleagues/peers and/or hierarchical seniors
- supporting other aspiring employees
- personal manners and deportment
- understanding work practices and how different roles and departments function within an organisation.

How will I be taught and assessed?

You will be expected to have your own computer or laptop and a reliable source of internet. The course is an e portfolio course,

where you will study the units and build a portfolio of evidence along with your tutor. You will be expected to attend each session in college when appropriate and meet deadlines for homework submissions.

Are there any other costs or equipment I need to get?

Learners on a low income or in receipt of applicable benefits will not be required to pay a fee. You will need regular access to a computer or laptop and reliable internet service to complete this course. Once enrolled, learners will be able to download a free copy of Microsoft Office and will be given access to Microsoft office 365.

By the end of the course what should I be able to do?

By the end of the course, learners will have developed counselling skills and appreciate the importance of self-development. You will have also gained an awareness of mentoring. This course will support you in preparing for your 'next steps' either in training or moving towards work.

What are the progression opportunities following this course?

Learners who achieve these qualification could progress to :Level 3 Award in Counselling Skills and Theory Level 3 Diploma in Counselling skills.NCFE Level 2 Award in Mentoring or• relevant occupational qualifications at Level 2 or above.